

Body and Design

How the basic body qualities show themselves in design.

Although they have different names, the description of the same basic qualities of the body are found in different cultures and in different assessments of the body and the psyche.

As many authors with a background in psychology have already pointed out, the main personality traits each have a specific body origin. Freud for example talked about oral, anal, phallic and genital traits, to describe the psychological patterns of different personalities.

This workshop is designed to directly experience the major body qualities and to explore how they reveal themselves through specific design qualities. The last part of the workshop will address the different implications for design that come from understanding spatial qualities in terms of affinities to physical and psychological qualities.